

M  R E

T H A N

happy

BOOK OF PHILIPPIANS QUIET TIME GUIDE

MORE THAN

happy

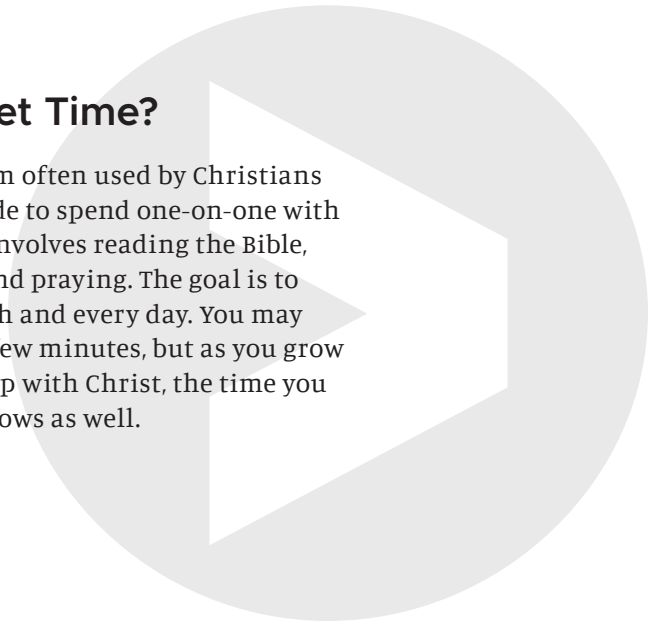
Why spend time with God?

Being a Christian is about being in relationship with Jesus Christ. Like any meaningful relationship, time together and communication are key.

To grow in Christ, you need to share what is on your heart and mind (in prayer), as well as listen to what He has to say to you (by reading the Bible). Doing this daily will strengthen your relationship with Jesus.

What is Quiet Time?

Quiet Time is a term often used by Christians as any time set aside to spend one-on-one with God. Usually, this involves reading the Bible, learning from it, and praying. The goal is to have a set time each and every day. You may start with a just a few minutes, but as you grow in your relationship with Christ, the time you spend with Him grows as well.





How do I use this guide?

This guide is a tool to help you learn from the Bible as you read through the book of Philippians. Each day follows a simple plan to help you read the Bible and apply what you learn.

RECOMMENDED STEPS FOR EACH DAY



Pray and invite God to be with you and teach you.



Read through the verses from Philippians. You may want to read the passage multiple times.



Answer the questions.



Pray for the opportunity to apply what you have read.



Optional: Share your thoughts on Facebook or Instagram to encourage others. Use **#riverridgehappy** to tag your post.



W E E K *one*



What phrase stands out to you the most? Why? _____

**PHILIPPIANS
1:1-11**

What did you learn about Jesus? God? Living the Christian life? _____

What next step can you take to apply what you read? _____



**WEEK 1
DAY 2**

**PHILIPPIANS
1:12-18**

What phrase stands out to you the most? Why? _____

What did you learn about Jesus? God? Living the Christian life? _____

What next step can you take to apply what you read? _____





What phrase stands out to you the most? Why? _____

**PHILIPPIANS
1:19-26**

What did you learn about Jesus? God? Living the Christian life? _____

What next step can you take to apply what you read? _____



**WEEK 1
DAY 4**

**PHILIPPIANS
1:27-30**

What phrase stands out to you the most? Why? _____

What did you learn about Jesus? God? Living the Christian life? _____

What next step can you take to apply what you read? _____





What phrase stands out to you the most? Why? _____

**PHILIPPIANS
2:1-4**

What did you learn about Jesus? God? Living the Christian life? _____

What next step can you take to apply what you read? _____



W E E K *two*



What phrase stands out to you the most? Why? _____

**PHILIPPIANS
2:5-11**

What did you learn about Jesus? God? Living the Christian life? _____

What next step can you take to apply what you read? _____



**WEEK 2
DAY 2**

**PHILIPPIANS
2:12-18**

What phrase stands out to you the most? Why? _____

What did you learn about Jesus? God? Living the Christian life? _____

What next step can you take to apply what you read? _____





What phrase stands out to you the most? Why? _____

**PHILIPPIANS
2:19-24**

What did you learn about Jesus? God? Living the Christian life? _____

What next step can you take to apply what you read? _____



**WEEK 2
DAY 4**

**PHILIPPIANS
2:25-30**

What phrase stands out to you the most? Why? _____

What did you learn about Jesus? God? Living the Christian life? _____

What next step can you take to apply what you read? _____





What phrase stands out to you the most? Why? _____

**PHILIPPIANS
3:1-11**

What did you learn about Jesus? God? Living the Christian life? _____

What next step can you take to apply what you read? _____



W E E K *three*



What phrase stands out to you the most? Why? _____

**PHILIPPIANS
3:12-16**

What did you learn about Jesus? God? Living the Christian life? _____

What next step can you take to apply what you read? _____



**WEEK 3
DAY 2**

**PHILIPPIANS
3:17-4:1**

What phrase stands out to you the most? Why? _____

What did you learn about Jesus? God? Living the Christian life? _____

What next step can you take to apply what you read? _____





What phrase stands out to you the most? Why? _____

**PHILIPPIANS
4:2-7**

What did you learn about Jesus? God? Living the Christian life? _____

What next step can you take to apply what you read? _____



**WEEK 3
DAY 4**

**PHILIPPIANS
4:8-9**

What phrase stands out to you the most? Why? _____

What did you learn about Jesus? God? Living the Christian life? _____

What next step can you take to apply what you read? _____





What phrase stands out to you the most? Why? _____

**PHILIPPIANS
4:10-23**

What did you learn about Jesus? God? Living the Christian life? _____

What next step can you take to apply what you read? _____





NEXT STEPS

Congratulations!

You've completed three weeks of consistent Bible reading and application.

Keep at it to strengthen your walk with Jesus.

Tips to continue the habit:

1. Grab a journal of your own.
2. Pick a Gospel (Matthew, Mark, Luke, or John) to read.
3. Read a few verses daily.
4. Jot down your thoughts. How did God speak to you through His Word?



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