

DISCUSSION GUIDE

Purpose of Prayer

Introduction:

For this sermon series, we are going to use a study from Right Now Media called "Prayer". It is a 4-week study led by Francis Chan. The discussion guide will not mirror the sermon from Sunday but rather provide more opportunity as Ridge Groups to discuss our own understanding and practice of prayer. The study can be found @ <https://www.righnowmedia.org/Content/Series/1231>.

Getting Started:

1. Do you tend to talk differently to different people? How? Why?

Watch Session 1: *Purpose of Prayer*

2. Tyler shared about his family's prayer life. Did you have a rhythm of prayer in your family? Dinner? Bed? Devotions?
3. How has your rhythm changed as you've grown older?
4. In Tyler's case, prayer didn't seem to "work". How have you experienced this? What was the impact for you?
5. Francis Chan said prayer is sometimes like "throwing words up in the air." What did he mean by that? Does that kind of prayer do any good?

Read Romans 8:12-16

6. How do these verses describe our relationship with God?
7. How could this affect the way we pray? What attitude should we have in prayer?
8. What does the Spirit do for us? (v.16)

Read Romans 8:26-27

9. What does this tell us about prayer?
10. What does God's Spirit do for us?

Read 1 Thessalonians 5:17

11. What are we supposed to do? When are we to do it?
12. Is that really possible?

PRAY!!!

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