

DISCUSSION GUIDE

Forgiving means forgetting

Introduction:

People have a lot to say, these days. On social media and among friends and family, we share opinions and advice freely. But sometimes Christians toss around statements that aren't exactly helpful or even biblically true.

This series cuts through the noise of the perceptions of Jesus and what it means to follow Him, in ways that may be surprising to some people.

We will tackle common things heard about God, like “God wants you happy” or “God never gives you more than you can handle,” and how those myths keep us from having a deeper relationship with Him.

Getting Started:

1. When you were younger, what did you and your siblings or friends fight over the most?
2. What kind of behavior do you find the most annoying, online or in person?

Key Questions:

3. What grudges are the most difficult for you to let go? Share an example.
4. Why does the thought of forgiving others often provoke an emotional response?

Read and discuss (as many as you have time): Matthew 5:23-24, Matthew 18:21-35, Colossians 3:12-15

5. Why does forgiveness matter so much to God?
6. How do you forgive something that seems unforgivable?
7. How can you encourage yourself to pray even when you don't feel like praying?

Next Steps:

If you've been holding onto a grudge, spend time in prayer. Ask God to free you from the bitterness you've been a prisoner to.